**EVENTS**

The students of R.M.D.E.C not only excel in the field of academics but also in other extra-curricular activities. The Chairman, Vice Chairman and the other faculty members of the college encourage the students to take part in various events held throughout the year. This gives students time to relax, rejoice and enjoy the festivities. The college also has a mandatory physical education hour for the students of 2nd year to final year to plant the seed of sportsmanship in them. This also makes them better team players which helps them a lot during placements.

The various events held by the Dept. of Physical Education are:

**1. INTRA-MURALS:**

The Department of Physical Education organizes various competitions for the various departments in the college to identify the hidden talents of students and help them cultivate it. This event helps the faculty pick the best apple from the lot. Any interested student can register and take the help of the physical directors to practice and perfect themselves before the competition.

**2. REPUBLIC DAY & INDEPENDENCE DAY:**

An R.M.Dian is not only a good student but is a very good citizen of India. The college celebrates Independence Day and Republic Day to inculcate patriotism within each and everyone. The students stand with pride in their hearts and respect in their eyes as the Principal hoists the national flag in the campus. The day consists of many events that highlight the rich culture of India including Speeches and dances organized by the department of Physical education. The students put in a lot of hard work to showcase an excellent show which awes the audience.

**3. NATIONAL YOGA DAY:**

Every year our college celebrates national yoga day on the 21st of June. Various events are held to encourage the students to do yoga every-day to relieve their stress and have peace of mind. Yoga not only improves one’s physical health but also one’s mental health which is the most important part of the life of a professional student.